

QUICK START – CAPILLARY BLOOD COLLECTION KIT



Video Instruction

Use our Blood Collection kit video to take your capillary blood sample successfully
<http://tinyurl.com/BloodCollectionUK>

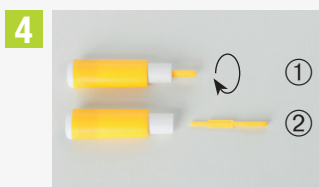


General information

- Do not perform this test if you are taking blood thinning medications or if you have a blood clotting disorder unless supervised by your therapist.
- If someone helps you with the blood withdrawal, the person should wear protective disposables gloves (not included).
- The lancets provided are single-use safety lancets. Once a puncture is made on the skin, the needle is automatically retracted into the safety lancet for easy disposal thereafter.
- The lancets have a needle depth of 2.0 mm. Caution is advised for use on young children who may have insufficient finger-surface-to-bone/cartilage depth. Use may result in injury and infection. Consult your therapist.
- The lancet is not suggested for use on children younger than one year.
- Blood samples should not be collected from swollen or previously punctured sites, earlobe or fifth finger.
- Keep away from children.

Intended use

- This collection kit is intended to be used as a medium to collect and transport a blood specimen to the laboratory.
- The laboratory must receive your specimen within two weeks from the date of collection.



Content:

- Instructions
- Blood Collection Card
- Lancets
- Plasters
- Alcohol swabs

Stimulate blood circulation:
Drink water, move arms,
wash hands in warm water.

Label the card (first name, last
name and date of blood collection).
Do not use liquid ink pen!

1. Twist off the yellow cap from
one of the lancets.
2. Pull it straight out.

Clean your finger with the alcohol
swab provided and let your finger
air dry.

Position the lancet on the side of your
ring finger. Press down against the
puncture site until it releases.



Front side

Massage the entire length of your
finger to allow for a large drop of
blood.

Let the blood drop touch the
card and soak into the card.

Fill at least 4 circles completely.
Check that the circles are filled
correctly.

✓ Correct ✗ incorrect
The backside needs to be soaked
thoroughly with blood.



Back side



Let the card air-dry overnight at
room temperature. Once the card is
dry, fold the card and place it in the
plastic bag with desiccant.

Put the plastic bag with the blood
collection card and the completed
laboratory forms in the envelope,
seal it and mail it to the laboratory.